

Purpose

To support the emotional wellbeing of young people living in our rural and regional Victorian communities.

Available Funding

- Grants up to \$250,000 per year for three years

Timeframes

- EOI opens 11 Nov 2024
- EOI closes 13 Dec 2024
- EOI outcomes 20 Dec 2024
- Round opens 13 Jan 2025
- Round closes 7 Feb 2025

Outcomes

- By 31 March 2025

Eligibility

- Item 1 DGR organisations with charity tax concessions (TCC) and are registered as a charity with the Australian Charities and Not-for-profits Commission (ACNC).

Emotional Wellbeing

FY2024/25 – FY2026/27 Grant Round Guidelines

At least *45% of us will experience a mental illness during our lives and at least **20% of adults are affected by mental illness every year.

Rural and Regional communities face particular challenges, both in terms of risk factors and access to mental health support services. Young people in our regions are especially at risk with rates of youth suicide increasing in line with distance from our larger cities.

Responding to a great community need, State Trustees has created the Emotional Wellbeing grants to support the emotional wellbeing of young people living in our rural and regional Victorian communities.

Granting process

State Trustees recognises that submitting grants places additional burden on the already limited resources of organisations working in the charitable sector. The granting process will begin with an expression of interest (EOI), the shortlisted applicants from which will be invited to submit full applications.

Who is eligible to apply?

Australian-based Item 1 DGR organisations with charity tax concessions (TCC) and are registered as a charity with the Australian Charities and Not-for-profits Commission (ACNC).

We ask that you only submit one application per organisation.

*Australian Institute of Health and Welfare, National Survey of Mental Health and Wellbeing 2007

** ABS National Health Survey 2017-18

Assessment Criteria

All Expressions of Interest (EOI) will be assessed and ranked against each other. State Trustees are seeking submissions that:

- Address youth mental health in Rural and Regional Victorian Communities
- Take a place-based, community-lead approach
- Destigmatise mental ill-health
- Support advocacy and education campaigns
- Have a prevention rather than crisis-response focus
- Are innovative and take a systems view
- Treat integration and normalisation of mental health as central elements of other service systems
- Promote cross-sector collaboration
- Provide an evidence base that interventions/preventions are effective

We are especially interested to support organisations that will widely promote across the community the importance of emotional wellbeing.

Application Timeframes

Expressions of Interest open on Monday, 11th November 2024 and close at midnight on Friday (end of day), 13th December 2024.

Within a week of the close of the EOI period, shortlisted organisations will be invited to submit a full application. The final applications will be due by Friday, 7th Feb 2024.

How to Apply

Please contact Michael Grigoletto at State Trustees to discuss eligibility.

Phone: (03) 9667 2845; or

Email: michael.grigoletto@statetrustees.com.au

We use SmartyGrants, which is an online application form. You will find the EOI form [here](#).

We recommend reading these tips on how to use SmartyGrants: [Help Guide for Applicants](#).

We look forward to hearing from you!