

State Trustees Community Grants 2011					
Organisation	Project	Who it will support	Funding	Where	About the project
Acquired Brain Injury Service, Ballarat Health Services	ABI social/recreational groups	People living with a physical disability	\$5000	Ballarat	This grant will help the organisation expand on successful recreational programs for people with acquired brain injury in the Ballarat region. Funds will be used to buy start up equipment for a men's shed group, a women's group and an art group. Thirty people will participate initially, helping them build social connections and confidence to learn new skills in a safe environment.
Ballan and Memorial District Bush Nursing Hospital & Hostel	In-house stimulation & calming Interactive Entertainment	Older people in need of support	\$5000	Ballan	This grant will help to create a happier and more active home for residents in this 70 bed residence. The hostel will use the grant to buy a centralised audio unit and a new TV which will make life at the centre more enjoyable for patients and their visitors and encourage more social interaction.
Calvary Health Care Bethlehem	Creative Connections: supporting children and young people who are bereaved	People coping with bereavement	\$5000	Caulfield	This grant will purchase art, music and library materials to be used by up to 60 families with children who are bereaved or who are preparing for the death of someone they love. Families with children who are bereaved will be able to use these resources and skills to adapt to the death of a loved one. Books are available for loan free of charge for families and other health care workers throughout Victoria.
Kevin Heinze Garden Centre Inc	Growing on: access for all	People with an intellectual disability	\$4000	Doncaster	This grant will help to make gardening more accessible for children and adults who are wheelchair bound and cannot kneel down to garden. Funds will be used to build four new raised garden beds suitable for children with disabilities, people with complex physical and intellectual disabilities and frail older people with dementia. The project involves the local community through volunteers helping to build the garden beds and occupational therapy students from the nearby university supporting participants to develop their gardening skills.
Lara Community Housing	Lara postnatal depression support group	People living with a mental illness	\$5000	Lara	This grant will provide seed funding for a program to help single mothers recover from postnatal depression, a debilitating and often hidden mental illness. Young single mothers in a disadvantaged socio-economic area just outside of Melbourne will get access to support through group programs and be able to access services from other mental health service providers.
Post Placement Support Service (Inc)	Kinship care engagement project	Older people in need of support	\$4900	Flemington	Research indicates that a large percentage of carers are grandparents and that they can be the most undervalued group in the foster care family. They receive little support yet many have to deal with difficult family issues. This project provides a workshop for 50 grandparents to enhance connections, understanding and relationships. Grandparents who suddenly find themselves full-time carers, again will be able to access essential knowledge and information. Perhaps more importantly, they will get access to a ready-made support network of peers in the same position.
Spectrum Migrant Resource Centre	'OPA' You can do, I can do dance program	Intellectual Disability	\$5000	Preston	This grant will enable people with disabilities from diverse cultural backgrounds to attend social dance lessons every week in Preston. The group will build towards performances at events in Melbourne and Horsham. Most participants have limited connections to the mainstream service system and the dance lessons and group performances will help foster social connections, reduce social isolation and encourage physical activity. Carers too will benefit from the increased social connections that the project will foster.
South East Palliative Care	Implementation of the Seasons program to support bereaved children and young people	People coping with bereavement	\$5000	Cranbourne	This program will assist bereaved children and adolescents beginning to deal with their grief through group therapy. Up to 15 aged aged 7 to 18 will participate initially. The therapy uses a proven method called 'Seasons', which research has shown to be beneficial for this age group. The program acknowledges grief experiences and helps young people develop coping strategies to reduce isolation and anxiety. Participants will be children and adolescents who have had a significant person in their lives cared for by South East Palliative Care.